

## Thank you for your purchase of the Carbon Comfort seat.

## **Complete Written Instructions:**

Cheap bikes seats, yep you can get them, but as the saying goes, "You get what you pay for". However, with RideOut Bicycles seats, buy them for comfort, ride them for life.

Please remember that biking is an inherently dangerous activity. Always check your equipment before riding. We highly recommend periodically checking your seat mount and all screws and bolts before riding just as you would check tire pressure every time before you ride.

Yes, this seat looks a bit different. It may feel different too. As you mount the seat we suggest:

- 1. This seat works best when the handlebars are equal to or higher that the height of the seat. The carbon fiber pan of this saddle makes it set about a 3/4 inch higher than a standard seat so began by lowering your seat post height 3/4 inch. The saddle is designed to set further back on the seatpost than a standard seat. Try starting with the seat mounted as far back as possible. You may want to adjust the handlebars slightly up ½ inch higher as well.
- 2. We have found in our testing that men tend to prefer the saddle level, whereas women generally like the horn slanted around 5-7 degrees down.
- 3. As you ride, you should feel the sides flexing slightly up and down as you pedal.
- 4. It may take some tinkering to find the correct position/angle.
- 5. If you feel there is too much pressure on your hands, bring the seat forward on the post.
- 6. If you feel you are sliding off, bring the seat closer to level.
- 7. If you feel pressure from the front of the saddle on the back of your legs, slant it slightly down and bring the seat forward.
- 8. Try sitting up you as you ride, move a bit back and forth on the seat to place the very top of your legs at the very forward edge of the seat.
- 9. This is a different feel and will take a few minutes to get used to the feeling. Ride a mile and put your old seat back on. Ride again. This is where most people are convinced this seat design is a better one for them.

Please feel free to contact us regarding any questions or concerns you may have regarding the line Carbon Comfort Seats. We will be happy to assist you.

## **RideOut Technologies LLC**

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